

<http://www.springwell.com>

Springwell

Information and services for the coordination of home and community based care that is comprehensive, cost-effective and compassionate.

<http://www.magnet.state.ma.us/elder/>

Massachusetts Executive Office of Elder Affairs

Provides updated information on all state and federally available elder services and describes the programs that are under the state's control.

<http://www.aoa.gov/>

Administration on Aging

Federal agency in charge of the Older Americans Act program

<http://www.hcfa.gov/>

Health Care Financing Administration

The federal agency that administers Medicare, Medicaid

<http://www.healthfinder.gov/>

U.S. Department of Health and Human Services

Free guide to reliable health information.

<http://www.aarp.org/>

American Association of Retired Persons

AARP serves elder needs and interests through information and education, advocacy, and community services which are provided by a network of local chapters and experienced volunteers throughout the country.

<http://www.alzmass.org/>

Alzheimer's Association of Massachusetts Chapter

Information for people with Alzheimer's disease

<http://www.elderhostel.org/>

Elderhostel

Not-for-profit organization with 25 years of experience providing high-quality, affordable, educational adventures for adults who are 55 and older. These short-term educational programs are a fun and exciting way for you to share new ideas, explore new places and make new friends.

<http://www.learnthenet.com/>

Learn the Net

Good site to learn all about the internet

<http://www.rogerson.org/>

For 140 years, Rogerson Communities has been a nonprofit provider of housing and services for elders and others in need

<http://www.seniornet.org/>

SeniorNet

The nonprofit SeniorNet provides adults 50+ access to and education about computer technology and the Internet to enhance their lives and enable them to share their knowledge and wisdom.

<http://www.ssa.gov/>

Social Security Administration

The Official Web Site of the Social Security Administration

<http://www.thirdage.com/>

ThirdAge

Provides unique resources, interactive guides and companions to enrich life and manage its transitions.

<http://seniors.yahoo.com/>

Yahoo

The Yahoo Seniors' Guide

<http://www.goddardhouse.org/index.shtml>

A privately-owned charitable, nonprofit organization serving elders since 1849 and responding to the changing needs of older adults in today's world.

<http://www.mabcommunity.org/>

MAB Community Services was founded in 1903 as the Massachusetts Association for the Blind. MAB now serves individuals who are blind or visually impaired, adolescents with brain injuries, and adults with developmental disabilities.